

BIBLIOGRAFI

- Agustina, Puput Radha, Abas Yusuf, dan Indri Astuti. "Studi Kasus Penolakan Sosial Pada Peserta Didik." *Jurnal Pendidikan dan Pembelajaran Khatulistiwa (JPPK)* 9, no. 2 (11 Februari 2020). Diakses 2 November 2025.
<https://jurnal.untan.ac.id/index.php/jpdpb/article/view/39421>.
- Aisyah, Feniati Rahayu, dan Dien Anshari. "Pengaruh Usia, Jenis Kelamin, Teman, dan Orangtua Terhadap Kesepian pada Remaja dan di Indonesia (Analisis Data GSHS tahun 2015)." *Jurnal Medika Utama* 3, no. 2 (Januari 2022): 2348-55.
- Alberti, Fay Bound. *A Biography of Loneliness: The History of An Emotion*. First edition. Oxford: Oxford University Press, 2019.
- Atkinson, Harley, W. Lee Barnett, dan Mike Severe. *Ministry with Youth in Crisis*. Revised ed. Eugene: Cascade Books, 2016.
- Bahrami, Shrein H. *The Loneliness Companion: A Practical Guide for Improving Your Self-Esteem and Finding Comfort in Yourself*. Ed. ke-1. Naperville: Callisto Media, 2019.
- Batsleer, Janet, dan James Duggan. *Young and Lonely: The Social Conditions of Loneliness*. Bristol: Policy Press, 2021.
- Bednar, Kiley L. "Loneliness and Self-Esteem at Different Levels of The Self." *Digital Commons* (2000): 40.
- Beek, Aart Van. *Pendampingan Pastoral*. Jakarta: Gunung Mulia, 2001.
- Berk, Laura E. *Development Through the Lifespan: Dari Prenatal Sampai Remaja*. Diterjemahkan oleh Daryatno. Yogyakarta: Pustaka Belajar, 2012.

- Best, Ron dkk., ed. *Pastoral Care and Personal-Social Education: Entitlement and Provision*. London: Continuum International, 2000.
- Bible, N. I. V. "What Does Shalom Mean?" *NIV Bible*, 26 Agustus 2018. Diakses 3 November 2025. <https://www.thenivbible.com/blog/meaning-shalom-bible/>.
- Boice, James Montgomery. *Dasar-Dasar Iman Kristen (Foundations of the Christian Faith)*. Diedit oleh Irwan Tjulianto. Diterjemahkan oleh Lanna Wahyuni. Surabaya: Momentum, 2011.
- Branden, Nathaniel. *Nathaniel Branden's Self-Esteem Every Day: Reflections on Self-Esteem and Spirituality*. New York: Fireside, 1998.
- Brownback, Lydia. *Finding God in My Loneliness*. Illinois: Crossway, 2017.
- Buetow, Stephen. *From Loneliness to Solitude in Person-Centred Health Care*. Routledge Advances In The Medical Humanities. New York: Routledge, Taylor & Francis Group, 2023.
- ByModerator. "PANDANGAN TENTANG MANUSIA MENURUT FILSAFAT & TEOLOGI KRISTEN - Kalam Hidup," 25 Mei 2023. Diakses 3 Agustus 2025. <https://kalamhidup.com/pandangan-tentang-manusia-menurut-filsafat-teologi-kristen/>.
- Cacioppo, John T., dan William Patrick. *Loneliness: Human Nature and The Need for Social Connection*. New York London: W. W. Norton, 2008.
- Campbell, Alastair. *Profesionalisme dan Pendampingan Pastoral*. Yogyakarta: Kanisius, 1994.
- Capps, Donald. *Teori Siklus Kehidupan dan Pelayanan Pastoral*. Diterjemahkan oleh Oloan Tampubolon dan Yusak B. Setiawan. Yogyakarta: duta Wacana, 2014.
- Carlson, David E. *Counseling and Self-Esteem*. Melbourne: Word Publishing, 1986.
- Chandra, Robby I. *Pemimpin yang Meraih Kawula Muda: Seri Kepemimpinan Binawarga*. Bekasi: Bina Warga, 1997.

- Christian, Ivan, dan Peter Farrand. "Perspektif Teologi Tubuh dalam Memahami dan Menolong Depresi Remaja Penderita Depresi." *Verbum Christi: Jurnal Teologi Reformed Injili* 11, no. 1 (10 Juli 2024): 65-81.
- Clebsch, William A., dan Charles R. Jaekle. *Pastoral Care in Historical Perspective*. 1st ed. Northvale NJ: Rowman & Littlefield, 1977.
- Clements, Tayloe. "Guest Column: Who Is Most Likely to Experience Loneliness and How Can Churches Help?" *Barna Group*, 8 Desember 2021. Diakses 23 September 2025. <https://www.barna.com/mettes-loneliness-blog/>.
- Clinebell, Howard John. *Basic Types of Pastoral Counseling*. 13. Aufl. Nashville: Abingdon Press, 1980.
- Desmita, Dra. *Psikologi Perkembangan*. Bandung: PT Remaja Rosdakarya, 2017.
- Dimitrijević, Aleksandar, dan Michael B. Buchholz. *From The Abyss of Loneliness to The Bliss of Solitude: Cultural, Social and Psychoanalytic Perspectives*. Bicester: Phoenix Publishing House, 2022.
- Dumm, Thomas. *Loneliness as a Way of Life*. England: Harvar University, 2008.
- Ellison, Craig W. *Loneliness: The Search for Intimacy*. New York: Evangelical Christian, 1980.
- Febrian, Zona. "Perbedaan Tingkat Kesepian Pada Remaja Ditinjau dari Jenis Kelamin." *Jurnal Pendidikan Tambusai* 5, no. 3 (2021): 7032-37.
- Gabriela, Stephanie dkk. "Studi Terhadap Tingkat Kesepian Remaja Sekolah Menengah di Jakarta." *Jurnal Serina Sosial Humaniora* 1 (Juni 2023): 208-16.
- Hardika, Jelang, IGAA Noviekayati, dan Sahat Saragih. "Hubungan Self-Esteem dan Kesepian Dengan Kecenderungan Gangguan Kepribadian Narsistik pada Remaja Pengguna Sosial Media Instagram." *Psikosains* 14, no. 1 (Februari 2019): 1-13.

- Heinrich, Liesl M., dan Eleonora Gullone. "The Clinical Significance of Loneliness: A Literature Review." *Clinical Psychology Review* 26, no. 6 (Oktober 2006): 695-718.
- Hoekema, Anthony. *Manusia: Ciptaan Menurut Gambar Allah*. Diedit oleh Hendry Ongkowidjojo. Diterjemahkan oleh Irwan Tjulianto. Surabaya: Momentum, 2015.
- Hogi, Erwin, dan Achmad Irvan Dwi Putra. "Kepribadian Ekstraversi dan Kesepian Pada Remaja Panti Asuhan." *Jurnal Ilmiah Psikologi Terapan* 7, no. 1 (11 Maret 2019): 28-40.
- Hymel, Shelley dkk. "Children's Peer Relationships: Longitudinal Prediction of Internalizing and Externalizing Problems from Middle to Late Childhood." *Child Development* 61 (1990): 2004-21.
- Korkiamäki, Riikka. "Rethinking Loneliness—A Qualitative Study about Adolescents' Experiences of Being an Outsider in Peer Group." *Open Journal of Depression* 03, no. 04 (2014): 125-35.
- Larson, Bruce, Paul Anderson, dan Doug Self. *Pelayanan Penggembalaan yang Ideal*. Oregon: Multnomah, 1996.
- Lartey, Emmanuel Y. *Pastoral Theology in An Intercultural World*. Oregon: Wipf and Stock, 2006.
- Lippold, Melissa A. dkk. "Day-to-Day Consistency in Positive Parent-Child Interactions and Youth Well-Being." *Journal of Child and Family Studies* 25, no. 12 (Desember 2016): 3584-92.
- Mappiare, Andi. *Psikologi Remaja*. Surabaya: Usaha Nasional, 1982.
- McGrath, Alister E. *Christian Spirituality*. Australia: Blackwell, 2010.
- McKay, Matthew, dan Patrick Fanning. *Self-Esteem: A Proven Program of Cognitive Techniques for Assessing, Improving & Maintaining Your Self-Esteem*. Oakland: New Harbinger, 2016.

- McKinney, Denise. *Mile Markers: A Path for Nurturing Adolescent Faith*. Zondervan Publishing Company, 2010.
- M.D., James N. Parker, dan Philip M. Parker Ph.D, ed. *Low Self-Esteem: A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References*. Amerika: ICON Health, 2004.
- Meier, Paul D. dkk. *Introduction to Psychology and Counseling: Christian Perspectives and Applications*. Ed. ke-2. Grand Rapids: Baker, 2010.
- Meran, Markus. "Konseling Pastoral Sebagai Kebutuhan Pendampingan Bagi Anak Jalanan Di Kelurahan Maro-Distrik Merauke." *Jurnal Jumpa* 11, no. 1 (April 2023): 109-24.
- Messakh, Besly. "Menjadi Sahabat Bagi Sesama: Memaknai Relasi Persahabatan dalam Pelayanan Pastoral." *Gema Theologika* 5, no. 1 (April 2020): 1-10.
- Messer, Neil G. "Human Flourishing: A Christian Theological Perspective." Dalam *Measuring Well-Being*, diedit oleh Matthew T. Lee, Laura D. Kubzansky, dan Tyler J. VanderWeele, 285-305. Ed. ke-1. Oxford University Press New York, 2021. Diakses 3 November 2025.
<https://academic.oup.com/book/39523/chapter/339351218>.
- Moustakas, Clark E. *Loneliness*. Amerika: Pickle Partners, 2016.
- Mruk, Christopher J., ed. *Self-Esteem Research, Theory, and Practice: Toward a Positive Psychology of Self-Esteem*. Ed. ke-3. New York: Springer Pub, 2006.
- Newman, Barbara M., dan Philip R. Newman. *Life-Span Development A Psychosocial Approach*. Ed. ke-11. Belmont: Wadsworth, 2012.
- Nuhamara, Daniel. *PAK: Pendidikan Agama Kristen*. Jakarta: jurnal Info Media, 2008.
- O'Sullivan, Michael. *Cloneliness: On the Reproduction of Loneliness*. Amerika: Bloomsbury, 2019.
- Papalia, Diane E., Sally Wendkos Old, dan Ruth Duskin Feldman. *Human Development: Psikologi Perkembangan*. Ed. ke-9. Jakarta: Kencana, 2011.

- Pasaribu, Hidayat F.H., Rogate Artaida Tiarasi Gultom, dan Ibelala Gea. "Pendampingan Pastoral terhadap Anak yang Trauma Karena Bapaknya Meninggal." *Jurnal Budi Pekerti Agama Kristen dan Katolik* 2, no. 4 (30 Oktober 2024): 269-79.
- Peplau, Letitia Anne, dan Daniel Perlman, ed. *Loneliness: A Sourcebook of Current Theory, Research, and Therapy*. Wiley Series on Personality Processes. New York: Wiley, 1982.
- Price, Victoria. *Self Esteem Mastering Your Life: Building High Self Esteem, Confidence and Defeating Doubt*, 2016.
- Santrock, John W. *Life-Span Development*. Diterjemahkan oleh Benedictine Widysinta. Ed. ke-13. New York: McGraw Hill, 2011.
- . *Remaja*. Diterjemahkan oleh Benedictine Widysinta. Ed. ke-11. Jakarta: Erlangga, 2007.
- Sari, Gea Lukita, dan Farida Hidayati. "Hubungan Antara Konsep Diri dengan Kesepian pada Remaja (Studi Korelasi pada Siswa Kelas IX SMP Negeri 2 Semarang)." *Jurnal Empati* 4, no. 2 (April 2015): 163-68.
- Seminary, Calvin. "Difference Between Pastoral Care and Counseling." *Calvin Theological Seminary*, 12 April 2023. Diakses 2 Desember 2025. <https://calvinseminary.edu/blog/difference-pastoral-care-counseling/>.
- Strachan, Owen. *Reenchanting Humanity: A Theology of Mankind*. Fearn: Mentor, 2019.
- Suhadi, Jemmy dkk. "Formulasi Pastoral Holistik Melalui Pendampingan Pastoral: Sebuah Rujukan Pelayanan Pastoral yang Menjawab Kompleksitas Hidup." *Jurnal Teruna Bhakti* 4, no. 1 (2021): 131-39.
- Tappi, Gidion dkk. "Integrated Family: Pastoral Assistance for Broken Home Teenagers in Sion Paccerakan Church." *Indonesian Journal of Education (INJOE)* 3, no. 1 (April 2023): 122-39.
- Undershepherd. "Perbedaan Antara Pelayanan Pastoral dan Konseling | Undershepherd," 24 Februari 2025. Diakses 2 Desember 2025.

<https://undershepherd.app/difference-between-pastoral-care-and-counseling/>.

Weiss, Robert Stuart. *Loneliness: The Experience of Emotional and Social Isolation*. Cambridge, Mass: MIT Press, 1974.

Wiersbe, Warren W. *Lonely People: Biblical Lesson in Understanding and Overcoming Loneliness*. Amerika: Baker Books, 2002.

Yang, Keming. *Loneliness: A Social Problem*. Routledge advances in sociology. London New York: Routledge, Taylor & Francis Group, 2019.

"Banyak yang Sedang Kesepian dan Berpikiran Menyakiti Diri Sendiri? Cek Hasil Survei Kita Yuk!," 8 April 2021.
<https://www.change.org/l/id/surveiapakabarmu>.

"Breaking down the Teen Loneliness Epidemic, and How You Can Help." *GBH*. Last modified 15 Mei 2024. Diakses 2 November 2025.
<https://www.wgbh.org/news/health/2024-05-15/breaking-down-the-teen-loneliness-epidemic-and-how-you-can-help>.

"Kesepian dan Isolasi Sosial Remaja | Pusat Perawatan BNI." Diakses 31 Oktober 2025. https://bnitreatment-com.translate.goog/teenage-loneliness/?_x_tr_sl=en&_x_tr_tl=id&_x_tr_hl=id&_x_tr_pto=tc.

"Perkembangan Emosi Remaja, Ini Penjelasan Lengkapnya - Kampus Psikologi," 17 Januari 2021. Diakses 28 April 2025.
<https://kampuspsikologi.com/perkembangan-emosi-remaja/>.

"Studi: Remaja Jakarta Kesepian Di Tengah Ramainya Media Sosial, Membahayakan Kesehatan Mental." *CNA.Id: Berita Indonesia, Asia Dan Dunia*. Diakses 20 Mei 2025. <https://www.cna.id/lifestyle/remaja-jakarta-kesepian-kesehatan-mental-25796>.

"Studi: Remaja Jakarta Kesepian Di Tengah Ramainya Media Sosial, Membahayakan Kesehatan Mental." *CNA.Id: Berita Indonesia, Asia Dan Dunia*. Diakses 4 November 2025. <https://www.cna.id/lifestyle/remaja-jakarta-kesepian-kesehatan-mental-25796>.

"What Does "Imago Dei" Mean in the Bible? What is the Image of God?"

Christianity.com. Diakses 21 Mei 2025.

<https://www.christianity.com/wiki/bible/image-of-god-meaning-imago-dei-in-the-bible.html>.